

# OR-ASTA CAP Online Submission Instructions

## APPLICATION AND FEES

### Step 1: Register online at [orasta.org](http://orasta.org) by **April 8, 2021** (Parent/Guardian must complete)

- Please have your teacher check the ASTA CAP level requirements carefully before you register.
- You will need your Teacher's Name, Contact Info (phone and email), and ASTA Member number.
- Use our online credit card payment system using the fee schedule below.
- Financial assistance may be available for students in need. ASTA teachers may contact the board with requests by April 1, 2021. Email [astaoregon@gmail.com](mailto:astaoregon@gmail.com)

### Step 2: ASTA Teacher must submit details and video recordings via Google Form by 11:59 PM on **May 8, 2021**

- The Google Form will be sent to the ASTA teacher's email by April 15, 2021.
- The ASTA teacher will submit the list of scales, etude, and performance pieces along with the recordings to ensure the student has met the requirements before moving on to the adjudicator.
- Video recordings may be uploaded into the Google Form directly, or by listing a YouTube link.
- Note the differences among the check boxes for Comments only; Certificate, and Honors: Comments provide written feedback regardless of students passing or not. Certificates are given to students who successfully pass the exam. Honors citations are given for students who have memorized their solo pieces.

## RECORDING REQUIREMENTS

1. When recording student performances, please treat these like an audition recording. Be mindful of background noise or distracting items in the room.
2. Stand (violin/viola) or sit (cello) about 10 feet from the video recording device with f-holes somewhat facing the camera so that adjudicators can see the entire student and instrument in the camera frame.
3. If the student is performing from memory, the video should clearly show a room with no music stand, or the music stand should clearly be facing away from the student with no music on it.
4. Each student will submit a minimum of three videos: one for scales; one for the etude; and one video for each of the solo pieces that the student is required to perform.
5. Videos must be recorded back-to-back as if they were being recorded in a live setting. No edits may be made to the videos.
6. Teachers, all of whom need to be ASTA members, must approve all student applications and recordings before these are submitted online into the Google Form.
7. Completed adjudication comments and ASTA CAP certificates for successful completion of the ASTACAP exam will be emailed to teachers for distribution to students.

## OREGON – AMERICAN STRING TEACHERS ASSOCIATION FEE SCHEDULE

OR-ASTACAP  
FEE SCHEDULE

Level	Payment via OR-ASTA website
Foundation	\$36
Level 1	\$36
Level 2	\$36
Level 3	\$47
Level 4	\$47
Level 5	\$47
Level 6	\$58
Level 7	\$58
Level 8	\$70
Level 9	\$70
Level 10	\$70